

DSACO *News*



*Have you
visited the
DSACO
website
lately?*

www.dsaco.org

Pass it on!
When you're
through with
this newslet-
ter...pass it on
to another
family who
might benefit
from DSACO.



*2008 Buddy Walk is
Coming!*

Saturday, September 20

**It's not too early to start getting YOUR
family teams together!**

*Also...check inside for information on how YOU
can be involved in planning
the 2008 Buddy Walk.*

PLANNING/BOARD MEETING

DSACO Officer Elections!!!

Everyone is welcome to attend the Planning/ Board Meeting. Come and be a part of making DSACO a successful organization in 2008!!!

When: Thursday, June 12, 2008

Where: Baptist Medical Center, Room F&G

Time: 7:00pm-9:00pm

Childcare will not be provided.

See Officer Election info on Page 3.



Mark your calendars! The Buddy Walk is coming on September 20, 2008! We are in search of enthusiastic **volunteers who wish to make this year's Buddy Walk for DSACO the best ever!** If you have always wanted to be more involved with DSACO and make a difference in the lives of children and adults with Down Syndrome but don't know how to begin, here is your chance! No experience required! Below is a calendar of meetings for this year. Join us in May so we can find a spot perfect for you! All meetings will take place at Integris Baptist Hospital, meeting room TBA. Feel free to invite family members or friends who are eager to support DSACO!

May 27, 2008 6:30-8:30

June 24, 2008 6:30-8:30

July 29, 2008 6:30-8:30

August 12, 2008 6:30-8:30

August 26, 2008 6:30-8:30

September 9, 2008 6:30-8:30

September 16, 2008 6:30-8:30

If you have any questions, feel free to contact Buddy Walk Committee co-chairs Bill Lovell at blovell@fsb-ae.com or 818-6267 or Leslee Boswell at Lbene@cox.net or 990-5498. See you in May!

parent2parent

supporting all parents

DSACO offers regular meetings to provide education and support for parents and families of children with Down syndrome. The meetings also offer an opportunity for parents to meet other families. They are informal gatherings that allow individuals and families an opportunity to share experiences while creating new friendships.

SOUTH P2P MEETING

May 20 & June 17, 7:00-9:00 p.m. at First Baptist Church of Moore (135 & NE 27th Street in Moore). TOPIC: TBD. We will meet at Johnnies Charbroiler for DSACO night at 5:30 p.m. (a portion of whatever you spend goes to DSACO). Childcare is provided by RSVP only. RSVP to Leslee Boswell at Lbene@cox.net or 405-447-8868. NOTE: If you don't get email announcements about P2P South but would like to, contact Leslee (see above for contact information).

NORTH P2P MEETING

Next meeting June 14, 9:30-11:30 a.m. at Quail Springs Church of Christ, 14401 North May (between Memorial Road & 150th Street on west side). TOPIC: TBA. Childcare provided by RSVP only. Contact Becky Moore at 405-372-0883 or mooreorless616@sbcglobal.net

STILLWATER P2P MEETING

May 15 & June 19, 6:30-8:30 p.m. at Zion Lutheran Church, 504 S Knoblock (enter at far Northeast door). TOPIC: Potty Training. Contact Jeanita Kearns-Shook at 405-372-5680 or Shelly Sitton at 405-641-0302.

Easter Egg Hunt a Success!!!

After a rather cool start to the day, our 2008 Easter Egg Hunt was a huge success. We had approximately 200 people in attendance. The children had so much fun hunting over 2000 eggs and getting to pick out their surprise gifts. The moon bounce was a big hit with the kids and everyone enjoyed the wonderful lunch of hamburgers, baked beans and chips and the free time in the park.

A special thanks goes out to the following people for helping to make the egg hunt a great event for all:

Leslee Boswell

Shelly Curtis

Roger Heiliger

Don Cordray

Juanita Killingsworth

Kathy Bogumil

Lori Wathen

Down Syndrome Summer Musical Theatre Workshop

Where: University of Central Oklahoma

When: July 14th through 18th

Times: 9:30am to 2:00pm

Ages: 13 and up



Come join us for a fun week of jazz dance, voice lessons, and musical theatre dance. Our theme this summer is High School Musical. All students will dance, sing and perform: ending with a pizza party on Friday the 18th for family and friends.

Please contact Robyn Pasternack at rpasternack@ucok.edu
Phone # 974-5645

DSACO Officer Elections to be Held June 12th

Elections will be held on Thursday, June 12, 2008 at the regular DSACO Planning/ Board meeting. Kevin Moore, current President will become the DSACO Historian and current Vice-President, Lori Wathen will become President at the June meeting. The offices that we will be electing are listed below with a brief description of the duties and the current candidates.

Vice-President - The Vice-President will assume the office of President upon conclusion of his/her term as Vice-President. Should the outgoing Vice-President choose not to accept the duties of President, the position of President will be filled by election. Current Candidates: Mike Erhart

Secretary - The Secretary will keep minutes of all meetings of the Board and the general membership, perform all the duties required by law, and shall be custodial of all corporate records and documents. Current Candidates: None

Treasurer - The Treasurer shall receive all monies, deposit all receipts and disburse as directed. The accountant shall have charge of the general ledger and post all accounting entries and reconcile all bank accounts. The Accountant shall prepare all necessary financial reports for each regular meeting. At the discretion of the Treasurer, the Treasurer or Accountant shall give a report of the financial statements to the board at each regular meeting. On or before June 30, he or she shall deliver all monies, checks, deposit slips and transaction records of the corporation to said successor. At the first regular board meeting of the new fiscal year the accountant shall provide financial statements for the previous fiscal year for general discussion. The Treasurer will work closely with the accountant and provide an updated check register, with descriptions, to the accountant on a regular basis for general ledger posting. The Treasurer will work closely with the finance committee and the accountant to develop an annual budget. The Treasurer will work closely with the accountant on integrating the annual budget with the financial statements and to provide financial statements showing variances to budget. Current Candidates: Mike Klehm

Self Advocate - The Self Advocate position will help promote the interests of individuals with Down syndrome in the activities of the Association. This position is responsible for attending meetings and representing the wants and concerns of self advocates. Must be 16 years old or older. No term limits (you may be re-elected for consecutive terms). Current Candidates: Heather Hancock

*If you know someone who may be interested in
running for office please contact
Lori Wathen at Lori.Wathen@c-a-m.com*

Save the Date

Positive Behavior Supports for Parents With Dr. Laura Riffel

When: Saturday, August 2, 2008

Where: Integris Baptist Hospital
Auditorium, 3300 NW Expressway
OKC, OK 73112

Time: 10:00 am – 3:00 pm

Laura A. Riffel, Ph.D. is a behavior specialist who has trained parents, teachers and others how to make data based decisions as a way to change behavior. Her trainings are filled with humor and make data collection easy to understand and use at home and in the classroom. Through over 30 years of experience, Dr. Riffel has had the opportunity to teach students with all types of intellectual and learning disabilities.

What you will learn at this workshop:

1. Overview of Positive Behavior Support
2. Main components of Applied Behavior Analysis
3. Maximizing proactive strategies rather than reactive actions
4. Key factors: Increase appropriate behavior by 80% just by doing one thing
5. Sticking with it: There is a magic formula for how long to stick with an intervention. Find out what that formula is.
6. Frogs: What the heck do frogs have to do with behavior? Come find out.
7. Interventions you can take back and use tomorrow at home.
8. Quick ways to document the function behind the behavior.
9. The best sentence in the world to use when you are calling the school to ask them to sit down and talk about a behavior problem.
10. Information about who should be in on a behavior support team meeting and what should be talked about first and foremost

Put this date on your calendar and look for registration information to come soon. Contact Lori Wathen at Lori.Wathen@c-a-m.com or Juanita Killingsworth at jbk3360@sbcglobal.net for more information.



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www.dsaco.org

FAMILY DIRECTORY UPDATE

Our group is growing so rapidly that as soon as we prepare a Family Directory it is already outdated. We will be putting together a new directory over the next few months.

We need the following information from each family:

Parent's Names

Name of Individual with Down syndrome

Individual's Birthdate

Address

Telephone (home and/or cell)

Email

School that individual currently attends or if already graduated – when?

Medical issues of individual

Siblings names and birthdates

You can email the above information to Kathy Bogumil at kbogumil@cox.net or Juanita Killingsworth at jbk3360@sbcglobal.net. You may also call (405) 330-5025.

If you are interested in helping with the directory, please contact Kathy or Juanita.

DISCLAIMER: DSACONews does not promote or recommend any therapy, products, treatment, etc., and will not espouse any particular political or religious view. Individuals or organizations referred to, do not necessarily endorse this publication. We wish to bring together those interested in Down syndrome and attempt to create an optimistic outlook and attitude. DSACO leadership and contributors endeavor to use People First Language. The contributors write as non-professionals, and reserve the right to make corrections and revisions as needed or where appropriate in accord with established editorial practices in material submitted for publication. Submission deadlines are always the 15th day of the months in which the DSACONews is published: January, March, May, July, September, and November. Contact the editor of DSACONews at dsaconews@sbcglobal.net.